

Fast & Furriest 10K
Saturday, June 28th, 2008 Rochester, NY
Timed by YellowJacket Racing
Total Finishers 206 (Male - 106, Female - 99, Unknown - 1)

Pos	Bib	Fullname	Gender	Age	TotalTm	Pace
Overall Male						
	1	185 Bryan Morseman	M	22	0:32:41	05:16
	2	199 Todd Smith	M	33	0:33:55	05:28
	3	89 Matthew Downs	M	26	0:38:06	06:09
Overall Female						
	1	201 Kristen Veltz	F	24	0:38:36	06:14
	2	187 Shakeia Wright	F	21	0:41:15	06:39
	3	239 Audra Knapp	F	38	0:43:26	07:00
Overall Masters Male						
	1	221 Todd Janssen	M	40	0:38:50	06:16
	2	137 Mike Brown	M	44	0:40:14	06:29
	3	198 Roy Corcoran	M	44	0:44:04	07:07
Overall Masters Female						
	1	53 Diane Jozefski	F	44	0:45:12	07:17
	2	226 Debra Wyspianski	F	41	0:45:53	07:24
	3	300 Pam Johnson	F	46	0:50:00	08:04
F15-19						
	1	87 Tess Rakiewicz	F	15	0:47:50	07:43
	2	136 Danielle Brown	F	17	0:51:38	08:20
	3	223 Gretchen Miller	F	19	0:56:04	09:03
F20-24						
	1	219 Stacy Edwards	F	23	0:47:21	07:38
	2	123 Meagan Wayne	F	22	0:50:21	08:07
	3	96 Kaitlyn Sennett	F	22	0:53:57	08:42
	4	236 Eah Rogers	F	23	1:01:29	09:55
	5	237 Cathy Cummings	F	20	1:01:29	09:55
F25-29						
	1	93 Leah Samson	F	29	0:44:09	07:07
	2	76 Jamie Melos	F	27	0:44:36	07:12
	3	65 Elizabeth Madore	F	27	0:44:57	07:15
	4	43 Laura Feller	F	28	0:46:49	07:33
	5	228 Melissa Monahan	F	25	0:48:45	07:52
	6	197 MaryBeth Foote	F	28	0:49:35	08:00
	7	240 Lisa Bozek	F	26	0:51:31	08:19
	8	69 Judy Maxson	F	29	0:52:55	08:32
	9	26 Beth Crvelin	F	27	0:53:16	08:35
	10	142 Bridget Brown	F	29	0:53:26	08:37
	11	117 Trisha Zeller	F	26	0:53:57	08:42
	12	178 Tracey Perazone	F	25	0:54:12	08:45
	13	179 Christina Ross	F	28	0:54:49	08:50
	14	13 Kate Brown	F	26	0:55:23	08:56
	15	229 Nicole Pulcino	F	27	0:55:33	08:58
	16	55 Michelle Kostran	F	26	0:57:06	09:13
	17	56 Lisa Kuhn	F	25	0:58:12	09:23
	18	146 Kelly McNellis	F	26	0:59:52	09:39
	19	175 Autumn Melnick	F	29	1:00:28	09:45
	20	79 Heather Millhouse	F	29	1:01:34	09:56

21	149	Jennifer Dixon	F	29	1:07:41	10:55
22	52	Meagan Duffy	F	29	1:09:16	11:10
23	47	Lara Haase	F	27	1:22:13	13:16
F30-34						
1	215	Jennifer Plantz	F	34	0:44:54	07:14
2	73	Sarah McGrath	F	30	0:47:03	07:35
3	238	Melissa Meyer	F	31	0:47:32	07:40
4	118	Heather Danielson	F	33	0:47:41	07:41
5	94	Allison Schill	F	32	0:48:52	07:53
6	191	Pam Ayers	F	31	0:48:56	07:54
7	14	Joy Dreibelbis	F	30	0:49:01	07:54
8	106	Susan Thomas	F	32	0:51:27	08:18
9	156	Kirsten Davis	F	33	0:52:10	08:25
10	127	Linda Dirksen	F	33	0:52:59	08:33
11	7	Liz Baroodly-Solomon	F	33	0:53:51	08:41
12	154	Tricia Clasgens	F	34	0:58:01	09:21
13	67	Ann Maine	F	30	1:01:34	09:56
14	6	Melissa Ashline	F	33	1:10:00	11:17
F35-39						
1	49	Rebecca Duberry	F	37	0:44:13	07:08
2	66	Paula Maida	F	38	0:48:39	07:51
3	109	Amy Vorhees	F	38	0:51:07	08:15
4	135	Kerri Brown	F	39	0:51:41	08:20
5	196	Andrea Bolan	F	39	0:51:51	08:22
6	203	Carolyn Mathis	F	39	0:52:33	08:29
7	140	Suzanne Graney	F	38	0:55:42	08:59
8	172	Allison DiMarco	F	37	0:56:10	09:03
9	151	Marilee Sercu	F	36	0:57:37	09:18
10	61	Jane Held	F	35	0:57:44	09:19
11	81	Tecla Nassar	F	38	0:58:35	09:27
12	85	Coleen Schofield	F	39	1:00:26	09:45
13	44	Rosa Gonzalez	F	38	1:02:33	10:05
14	126	Shannon Gardner	F	35	1:04:13	10:21
15	108	Amy Timm	F	38	1:04:20	10:23
16	60	Heather Ralph	F	38	1:05:10	10:31
17	39	Terri Phelps	F	36	1:05:10	10:31
18	119	Karen Gartley	F	35	1:06:00	10:39
19	12	Annette Brenner	F	38	1:08:58	11:07
F40-44						
1	105	Stefani Szalay-Domm	F	42	0:50:57	08:13
2	210	Andrea Mathis	F	43	0:51:17	08:16
3	134	Sara Rizkaha-Tyson	F	41	0:52:12	08:25
4	234	Sandy Peters	F	43	0:52:27	08:28
5	20	Sandy Churchill	F	43	0:52:43	08:30
6	193	Amy Steed	F	43	0:55:45	09:00
7	68	Diane Markham	F	42	0:58:35	09:27
8	220	Anna Janssen	F	40	0:58:48	09:29
9	153	Ember Couture	F	41	0:59:06	09:32
10	17	Heather Cappadonia	F	43	0:59:54	09:40
11	235	Mary Tolomay	F	44	1:02:51	10:08
12	21	Melissa Leopard	F	41	1:04:25	10:23
13	19	Katt Carter	F	42	1:05:31	10:34
14	16	JoAnn Campbell	F	44	1:06:53	10:47
15	86	Wendy Prince	F	43	1:09:27	11:12
16	74	Beth McNeill	F	40	1:10:21	11:21

F45-49							
	1	90	Kathy Reardon	F	46	0:51:52	08:22
	2	125	Michele Crain	F	48	1:07:41	10:55
	3	35	Michele Taylor	F	49	1:13:40	11:53
F50-54							
	1	148	Gloria Angelini	F	53	0:51:35	08:19
	2	51	Kathy Henrie	F	54	1:00:15	09:43
	3	41	Karen Eichele	F	51	1:04:14	10:22
	4	128	Lucille Sparrazza	F	53	1:05:58	10:38
F55-59							
	1	143	Beth Scott	F	56	0:51:21	08:17
	2	144	Jane Mahoney	F	58	1:01:25	09:54
F60-64							
	1	62	Mitzie Lewandowski	F	61	0:59:20	09:34
F65-69							
	1	103	Judith Smith	F	65	1:05:34	10:35
	2	195	Joan Rosati	F	68	1:09:16	11:10
	3	42	Barbarella Esposito	F	66	1:16:32	12:21
M14UNDER							
	1	227	Austin Peters	M	12	0:45:43	07:22
	2	230	Connor Peters	M	9	0:52:13	08:25
M15-19							
	1	202	Christopher Sponn	M	18	0:40:07	06:28
	2	188	Kraig Connor	M	19	0:42:21	06:50
	3	233	Cooper Creagan	M	17	0:45:45	07:23
	4	209	Dylan McCrae	M	16	0:49:57	08:03
M20-24							
	1	158	Adam Laycock	M	23	0:38:28	06:12
	2	170	Austin Haight	M	22	0:42:49	06:54
	3	95	Jacob Yundt	M	22	0:45:35	07:21
	4	190	Leif Mellius	M	22	0:45:58	07:25
	5	38	Richard Adams	M	24	0:46:27	07:29
	6	157	David Angeline	M	23	1:02:11	10:02
M25-29							
	1	129	Justin Voldman	M	27	0:41:42	06:44
	2	181	Greg Rowe	M	29	0:44:54	07:14
	3	78	James Meyer	M	27	0:45:28	07:20
	4	207	Karl Jaanimagi	M	27	0:48:02	07:45
	5	231	Dave Finger	M	27	0:48:42	07:51
	6	212	Michael Lochner	M	29	0:49:06	07:55
	7	216	Tobias Nitsche	M	28	0:51:14	08:16
	8	225	Jonathan Owen	M	25	0:51:36	08:19
	9	5	Corey Andalora	M	27	0:52:18	08:26
	10	173	Joseph Henderson	M	27	0:54:14	08:45
	11	232	Derek Sung	M	28	0:54:29	08:47
	12	218	Casey Welsh	M	25	0:59:45	09:38
	13	40	Dustin Clark	M	27	1:13:47	11:54
M30-34							
	1	205	Darren Mathis	M	34	0:39:33	06:23
	2	64	Jason Liddle	M	31	0:42:46	06:54

	3	165	Michael Collins	M	32	0:45:24	07:19
	4	130	ChungHong Lo	M	30	0:47:15	07:37
	5	211	Zachary Mykins	M	30	0:47:58	07:44
	6	214	Nicholas Plantz	M	31	0:49:13	07:56
	7	34	Paul DeSarra	M	34	0:49:34	08:00
	8	8	John Barsic	M	31	0:51:09	08:15
	9	224	Chris Leverich	M	33	0:51:10	08:15
	10	176	Brian Liu	M	30	0:52:31	08:28
	11	104	Sean Hanna	M	31	0:56:11	09:04
	12	50	Andrew Haase	M	30	0:57:47	09:19
	13	98	David Schmidt	M	30	1:00:12	09:43
	14	102	Eric Stevens	M	31	1:02:54	10:09
	15	2	Zach Hettinger	M	31	1:09:16	11:10
M35-39							
	1	180	Jason Ross	M	36	0:40:39	06:33
	2	11	Alan Borrelli	M	39	0:44:05	07:07
	3	70	James Maxson	M	36	0:45:47	07:23
	4	33	Neal Delisanti	M	36	0:46:56	07:34
	5	99	Chris Burke	M	38	0:47:13	07:37
	6	113	Peter Voorhees	M	37	0:51:07	08:15
	7	72	Brendan McCabe	M	36	0:52:18	08:26
	8	3	Paul Kessler	M	37	0:52:53	08:32
	9	222	David Coene	M	38	0:53:56	08:42
	10	152	David Spoto	M	39	0:56:41	09:09
	11	166	Matthew Daneman	M	37	0:58:33	09:27
	12	9	Nelson Betances	M	38	1:01:55	09:59
M40-44							
	1	200	Greg Vallencourt	M	41	0:45:43	07:22
	2	10	James Bongard	M	43	0:46:34	07:31
	3	58	Steven Levitsky	M	41	0:48:32	07:50
	4	161	David Bernacki	M	43	0:48:43	07:51
	5	101	Mike Rodenhouse	M	42	0:49:48	08:02
	6	192	Chris Collins	M	41	0:51:29	08:18
	7	194	Carmen Gumina	M	43	0:51:33	08:19
	8	186	Andrew Ciaio	M	42	0:51:57	08:23
	9	141	Todd Baxter	M	43	0:52:22	08:27
	10	132	Jeff Czajka	M	41	0:54:37	08:49
	11	217	Joe Hibbard	M	42	1:05:29	10:34
M45-49							
	1	162	Mark Camarata	M	45	0:46:13	07:27
	2	92	Leo Pacanowski	M	48	0:46:41	07:32
	3	88	Ted Rakiewicz	M	46	0:47:50	07:43
	4	24	Michael Conolly	M	46	0:51:42	08:20
	5	91	Jim Reber	M	47	0:51:48	08:21
	6	75	Andy McPherson	M	45	0:52:22	08:27
	7	57	Kenneth Lance	M	49	0:52:22	08:27
	8	107	Chuck Traub	M	49	0:55:36	08:58
	9	133	Sean Hendrick	M	45	0:56:26	09:06
	10	213	Bob Lonsberry	M	48	0:57:39	09:18
	11	77	Bob Merberg	M	48	0:59:22	09:34
M50-54							
	1	206	Lawrence Taylor	M	51	0:44:16	07:08
	2	171	Mark Harrison	M	53	0:45:57	07:25
	3	71	Mark McArdle	M	54	0:48:22	07:48
	4	189	Jim Kerr	M	53	0:49:41	08:01

	5	150	James Merritt	M	53	0:50:57	08:13
	6	59	Mark Lehman	M	54	0:51:52	08:22
	7	155	Bart Power	M	52	0:52:30	08:28
	8	97	Mark Sennett	M	51	0:55:59	09:02
	9	208	David Linn	M	51	0:59:22	09:35
	10	115	Don Yull	M	53	1:01:07	09:51
M55-59							
	1	131	Eric Ober	M	55	0:47:39	07:41
	2	160	Chet Jozefski	M	55	0:48:53	07:53
	3	163	Peter Clark	M	57	0:53:36	08:39
	4	147	Frank Angelini	M	59	0:55:00	08:52
	5	204	Andrew Schectar	M	56	1:03:43	10:17
	6	80	Bill Murphy	M	59	1:23:31	13:28
M60-64							
	1	139	Jim Glinsky	M	61	0:48:15	07:47
	2	120	Rick Erb	M	60	0:50:01	08:04
	3	145	Barry Watkins	M	63	0:51:05	08:14
	4	183	Ed Blance	M	60	0:56:30	09:07
	5	110	Bob Volk	M	63	1:02:46	10:07
	6	63	Dick Lewandowski	M	63	1:09:44	11:15
M65-69							
	1	23	Donald Clukies	M	65	0:59:09	09:32
	2	46	Norm Greiner	M	67	1:05:30	10:34
	3	4	Robert Carafice	M	65	1:06:21	10:42
M70UP							
	1	54	Al Smith	M	70	1:07:48	10:56